CASTE ROWE AT HOME



JULY OFFERS

ALL OFFERS AVAILABLE INSTORE AT CARMARTHEN CASH & CARRY AND VIA CLICK AND COLLECT FROM 01/07/21-31/07/21



38057 - 1X6 CPIE UBKD 6" SAUS ROLLS



AUTHENTIC CHICKEN TIKKA MASSALA



CELTIC PRIDE BEEF LASAGNE



61184 / CHARDONNAY 75CL 95474/SAUVIGNON BLANC 75CL 10357/RED WINE 75CL





60372 - 6 X 270G LLANDEILO BAKERY PIZZA DOUGHBALLS



Collier's 24303 - 350G **COLLIERS POWERFUL WELSH CHEDDAR**

26570 MARIO'S PEANUT BUTTER & SALTED CARAMEL 500ML 35722 MARIO'S RASPBERRY RIPPLE 500ML



77859 - 1 X 25 WASH **BOLD ALL IN ONE WASHING PODS**

23.99

2758 - 5IT

DOMESTOS XXL VALUE PACK



13057 - 1 X 25 WASH DAZ ALL IN ONE WASHING PODS





OPENING TIMES

CASH & CARRY

MONDAY 8.30AM - 7.30PM **TUESDAY** 8.30AM -5.30PM WEDNESDAY 8.30AM - 5.30PM 8.30AM - 7.30PM **THURSDAY FRIDAY** 8.30AM -5.30PM **SATURDAY** 8.30AM - 12.30PM **SUNDAY** 9.30AM - 12.30PM * BANK HOLIDAY HOURS MAY DIFFER

CASIE ROWE AI HOME



ALL OFFERS AVAILABLE INSTORE AT CARMARTHEN CASH & CARRY AND VIA CLICK AND COLLECT FROM 01/07/21-31/07/21.



49488 - 500G **SALTED TORTILLA CHIPS**



CRADOC'S CHILLI/GARLIC CRACKERS



CRADOC'S LEEK & CAERPHILLY CRACKERS



SEABROOK CRISPS 6 X 25G SEA SALTED/SEA SALT & VINEGAR/CHEESE & ONION/ CANADIAN HAM/BEEFY



- 150G DO GOODLY TOMATO & BEAN HOUMOUS



34260 - 150G DO GOODLY MIGHTY BEETROOT BORANI



40647 - 150G **DO GOODLY SUPERSTAR SALSA**



43717 - 150G DO GOODLY SMASHED PEA GUACAMOLE



38534 - 450G LLAETH Y LLAN HONEY YOGURT





£2.19 £2.19 £2.09 £2.29

THE REAL OLIVE COMPANY 94263 ANTIPASTI OLIVES 185G/ 15801 GARLIC PROVENCAL 210G / 75351 SUN DRIED TOMATOES 170G / 31623 TRICOLOR OLIVES 185G



TREGROES WAFFLES 776 TOFFEE WAFFLES 1 X 8 / 8538 MILK CHOC WAFFLES 1 X 6

CLICK & COLLECT

COLLECTION POINTS

TUESDAY

LLANYBYDDER RUGBY CLUB - STATION TERRACE, LLANYBYDDER SA40 9XX NEWCASTLE EMLYN RFC - DOL WIBER, ADPAR, NEWCASTLE EMLYN SA38 9AZ CASTELL HOWELL HQ - CROSS HANDS FOOD PARK, CROSS HANDS SA14 6SX CH CASH & CARRY - STEPHEN'S WAY, PENSARN, CARMARTHEN SA31 2NG

ROYAL WELSH SHOWGROUND - LLANELWEDD, BUITH WELLS LD2 3SY LLANDEILO BAKERY - BEECHWOOD IND. ESTATE, LLANDEILO SA 19 7HR CH CASH & CARRY - STEPHEN'S WAY, PENSARN, CARMARTHEN SA31 2NG

CASTELL HOWELL HO - CROSS HANDS FOOD PARK, CROSS HANDS SA14 6SX CH CASH & CARRY - STEPHEN'S WAY, PENSARN, CARMARTHEN SA31 2NG

PARC Y SCARLETS - PEMBERTON RETAIL PARK, LLANELLI, SA14 9UZ WHITLAND RFC - TOP PITCH, SPRING GARDENS, WHITLAND SA34 OAW CASTELL HOWELL HQ - CROSS HANDS FOOD PARK, CROSS HANDS SA14 6SX CH CASH & CARRY - STEPHEN'S WAY, PENSARN, CARMARTHEN SA31 2NG

SATURDAY

CASTELL HOWELL HQ - CROSS HANDS FOOD PARK, CROSS HANDS SA14 6SX ONLINE ORDER CUT OFF MON-THURS 6PM FRI-SUN 4PM